

STUDY SURVEY

1. With what gender do you identify?
 - a. Male
 - b. Female
 - c. Other

2. What PGY year are you?
 - a. 1
 - b. 2
 - c. 3
 - d. 4
 - e. 5
 - f. 6+

3. Which stereotype would you associate with your program?
 - a. Academic/White Collar
 - b. Academic/Blue Collar
 - c. Non-Academic/White Collar
 - d. Non-Academic/Blue Collar

4. Where is your program located?
 - a. Northeast
 - b. Midwest
 - c. Northwest
 - d. Southwest/California
 - e. South
 - f. Southeast

5. Do you have close family in the same city as your residency?
 - a. Yes
 - b. No

6. How far from your hometown do you live?
 - a. < 50 miles
 - b. 50-100 miles
 - c. > 100 miles

7. How often do you see close family?
 - a. < once per year
 - b. Once per year
 - c. Twice per year
 - d. > Twice per year

8. How many vacations (however you define a “vacation”) do you take per year?
 - a. None
 - b. 1
 - c. 2-4
 - d. > 4

9. Approximately where on your rank list was your current program?
 - a. Top Third
 - b. Middle Third
 - c. Bottom Third

10. When did you decide on a career in orthopedics?
 - a. Prior to medical school
 - b. During the non-clinical years of medical school
 - c. During my clinical rotations

11. How much emphasis does your residency program place on research?
 - a. A lot
 - b. Somewhat
 - c. Not much at all

12. Do you have either dedicated research or elective time during your residency?
 - a. Yes, dedicated research time as well as an elective rotation
 - b. Yes, dedicated research time
 - c. Yes, an elective rotation
 - d. Neither

13. On average, would you state that you are able to adhere to the ACGME duty hour restrictions?
 - a. Yes
 - b. No

14. How often are you on primary call?
 - a. Q2
 - b. Q3
 - c. Q4
 - d. Q5
 - e. Q6+
 - f. Other:

15. Does your residency have a useful mentor program?
 - a. Yes, I have a faculty and a resident mentor
 - b. Yes, I have a faculty mentor
 - c. Yes, I have a resident mentor
 - d. Yes, but it is not utilized
 - e. No

16. Have you ever sought the help of a licensed therapist or psychiatrist?
 - a. Yes, I went to therapy
 - b. Yes, but I was not able to find the time or money
 - c. No
 - d. No, but now that you mention it, I wish it was an option

Over the last 2 weeks, how often have you been bothered by any of the following problems?
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

10. If you checked off <i>any problems</i> , how <i>difficult</i> have these problems made it for you to do your work, take care of things at home, or get along with other people?	Not difficult at all	_____
	Somewhat difficult	_____
	Very difficult	_____
	Extremely difficult	_____

	<i>Every day</i>	<i>A few times a week</i>	<i>Once a week</i>	<i>A few times a month</i>	<i>Once a month or less</i>	<i>A few times a year</i>	<i>Never</i>
I deal very effectively with the problems of my patients							
I feel I treat some patients as if they were impersonal objects							
I feel emotionally drained from my work							
I feel fatigued when I get up in the morning and have to face another day on the job							
I've become more callous towards people since I took this job							
I feel I'm positively influencing other people's lives through my work							
Working with people all day is really a strain for me							
I don't really care what happens to some patients							
I feel exhilarated after working closely with my patients							